BULLYING

affects everyone.

KIDS |

Who see bullying.

KIDS

who are bullied

KIDS

who bully.



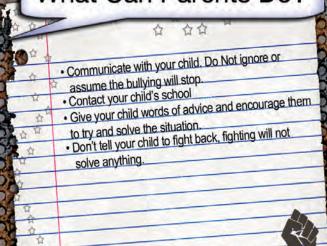
American Society for the Prevention of Cruelty to Children (ASPCC)

An estimated 160,000 students are afraid to attend school due to the being bullied, and reportedly 6 out of 10 students in the U.S. have witnessed someone being bullied at least once a day.

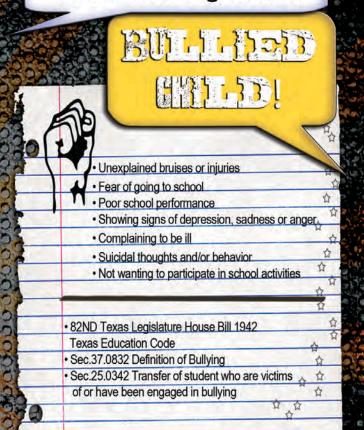
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What Can Parents Do?



WARNING Signs of a



ASK OR CALL FOR HELP!



Weslaco Independent School District

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WESLACO ISD

Dr. Ruben Alejandro Superintendent of Schools



HELP WISD create a...



FREE Environment.

SPEAK UP!



What is...

BULLYING?

Bullying occurs when a student is exposed repeatedly time and time again to negative actions by one or more students.

TYPES OF BULLYING

_	Verbal	Physical
W	Saying or writing offensive	Causing physical pain to
À.	comments.	a person's body.
	Such as name calling	Examples are:
4	teasing, taunting, or	hitting, kicking, pinching,
	threatoning to save-	, , o , o , partor mily,

Social

threatening to cause harm.

Hurting someone's reputation or relationship amongst peers.

Examples are: leaving someone out on purpose, telling other students not to be friends with someone, spreading rumors and publicly embarrassing someone.

Sexual

Prejudice behavior in any form (verbal, physical or social) against gay, lesbian, bisexual, trans-gender, or questioning.

tripping and pushing.

CYBER-BULLYING

Information and communication technologies (i.e. cell phone. e-mail, instant message and social networking websites) used in a repeated and hostile behavior by an individual or group.

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Protect Yourself from...





YOU!

- Always think about what you post. You never know what someone will forward.
- DON'T SHARE YOUR PASSWORD.
- Set your privacy settings so you can have control over who sees what.
- Let your parents know you have a social networking account. Tell Them what you're doing online and who you are socializing with.
- Confide in an adult about messages or comments you see that make you feel sad or scared.
- REPORT BULLYING/CYBER-BULLYING IMMEDIATELY

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What to do if you are...

- Look at the harasser and tell him or her to stop in a
- calm tone of voice.
- If speaking up feels to difficult or not safe, walk away and keep away from the harasser. Don't fight back and immediately LOOK for an adult to stop the bullying on the spot.
 - Seek out an adult you trust to talk to. Telling someone is not snitching or tattling. They can help you come up with a plan to stop the bullying.
- Stay away from places where bullying happens. Stay near adults and other kids. Most bullying happens when adults are not around.

IF YOU WITNESS..

BULLYING?

TAKE A STAND!

Don't just ignore it, intervene immediately and tell the bully to STOP.

DON'T CONTRIBUTE!

If someone is being bullied, DON'T support the bully's actions in any sort of manner.

STOP THE RUMORS

Don't pass on a rumor, let the rumor end with you.

TELL AN ADULT.

Reach out to an adult you trust. They will help you stop the person from being bullied.

BE A FRIEND!

Listen and encourage them to inform an adult about what is going on. Let them know that they are not alone.

and the property of the proper IF YOU ARE BEING A BULLY...

