



COVID-19 RESOURCES

UTRGV Counseling Center
956-885-2574
www.counseling@utrgv.edu

Food Bank of the RGV
724 N Cage Blvd
Pharr, TX 78577
956-682-8101
www.foodbankrgv.com



Tropical Texas Behavioral Health
2215 W. Business 83
Weslaco, TX. 78596
956-520-8800
Crisis Hotline - 877-289-7199
www.ttbbh.org



First Baptist Church
600 S Kansas Ave.
Weslaco, TX 78596
956-968-9585
www.fbcweslaco.org



Region One -
COVID-19 Resources
956-984-8000

<https://www.escl.net/Page/4470>



Region One
EDUCATION SERVICE CENTER
"Enriching. Inspiring."

TEA COVID-19

Mental & Behavioral Health Grief & Trauma

512-463-9000

https://tea.texas.gov/sites/default/files/covid-19_mh_resources_4.3.20.pdf



Hidalgo County Community Service Agency
2524 N Clossner (Business HWY 281) Suite B
Edinburg, TX 78540
956-383-6240
www.hidalgocsa.org



HIDALGO COUNTY
COMMUNITY SERVICE AGENCY

COVID-19 Telehealth Coverage Policies

<https://www.cchpca.org/resources/covid-19-telehealth-coverage-policies>



Community Resources
211 or 877-541-7905
www.211texas.org

Finding the right help during COVID-19 Outbreak

<https://www.benefits.com/news/article/3937>

utm_sources=coviddelivery&utm_medium=email&utm_campaign=edr374

Supporting Families During COVID-19 - 212-308-3118

<https://childmind.org/cope-during-covid-19-resources-for-parents/>



Need help
and don't
know who
to call?



Protecting Your
Mental Health
During the
Coronavirus
Outbreak



Phase 4: Provide Monitoring and Support

512-463-9734

<https://tea.texas.gov/texas-schools/health-safety-discipline/phase-4-provide-monitoring-and-support>



Tips on managing stress

<https://hhs.texas.gov/sites/default/files/documents/services/health/covid19-stress-tips.pdf>



Children's Bereavement Center-RGV
2302 S 77 Sunshine Strip #202
Harlingen, TX 78550

956-368-4085

www.cbcbst.org



If you need additional information, please contact the school counselor or staff at Student Support Services at (956)969-6918.